



Embodied Carbon in Construction & The London 2012 Olympics

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Embodied Carbon



Context

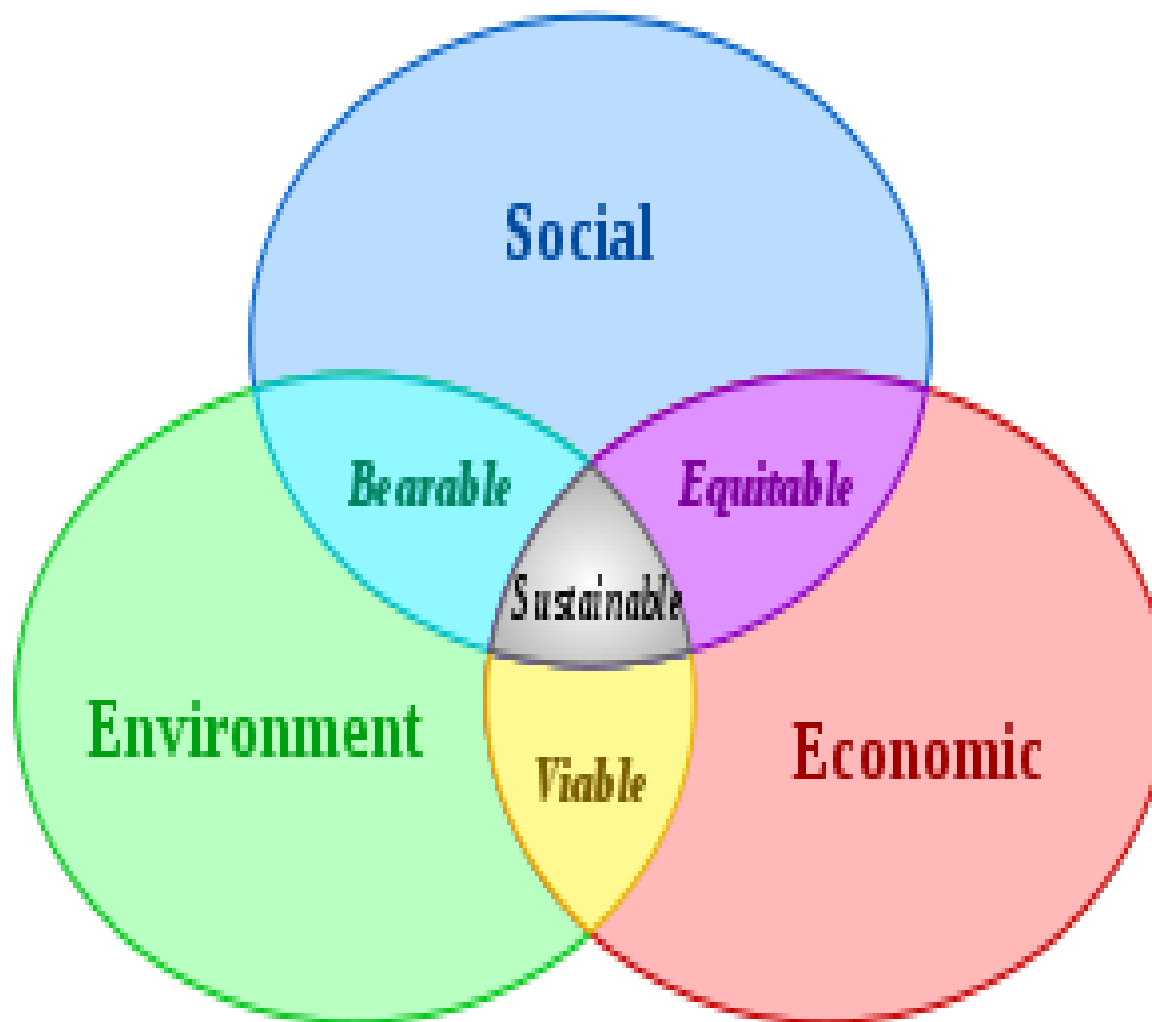
Sustainable Development

There are over 200 definitions of sustainability –
Sara Parkins, 2000

***“Meeting the needs of the present without
compromising the ability of future
generations to meet their own needs”***

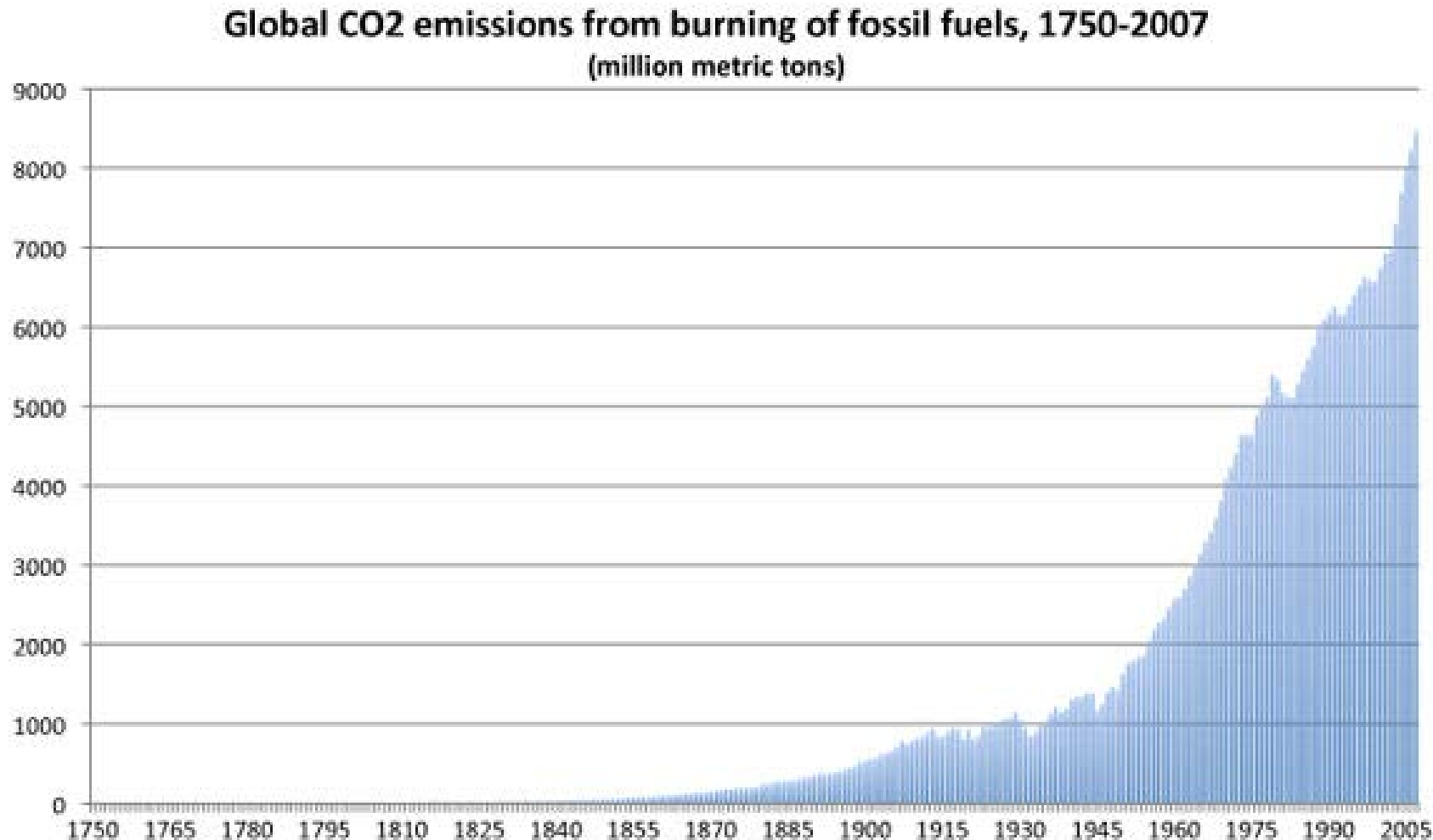
Brundtland Report, 1987

Sustainability – The 3 Pillars



Worldwide CO₂ Emissions - Total

- Worldwide GHG emissions rapidly rising



Embodied Carbon

Introducing Embodied Carbon



Embodied Energy (EE) & Embodied Carbon (EC)

Embodied Energy (Carbon) may be taken as...

...the primary energy consumed (carbon released) to extract, process, transport, and fabricate a product (or activity).

All inputs must be traced back to **The Cradle...**



Embodied Carbon – From the Cradle...

Material Refining



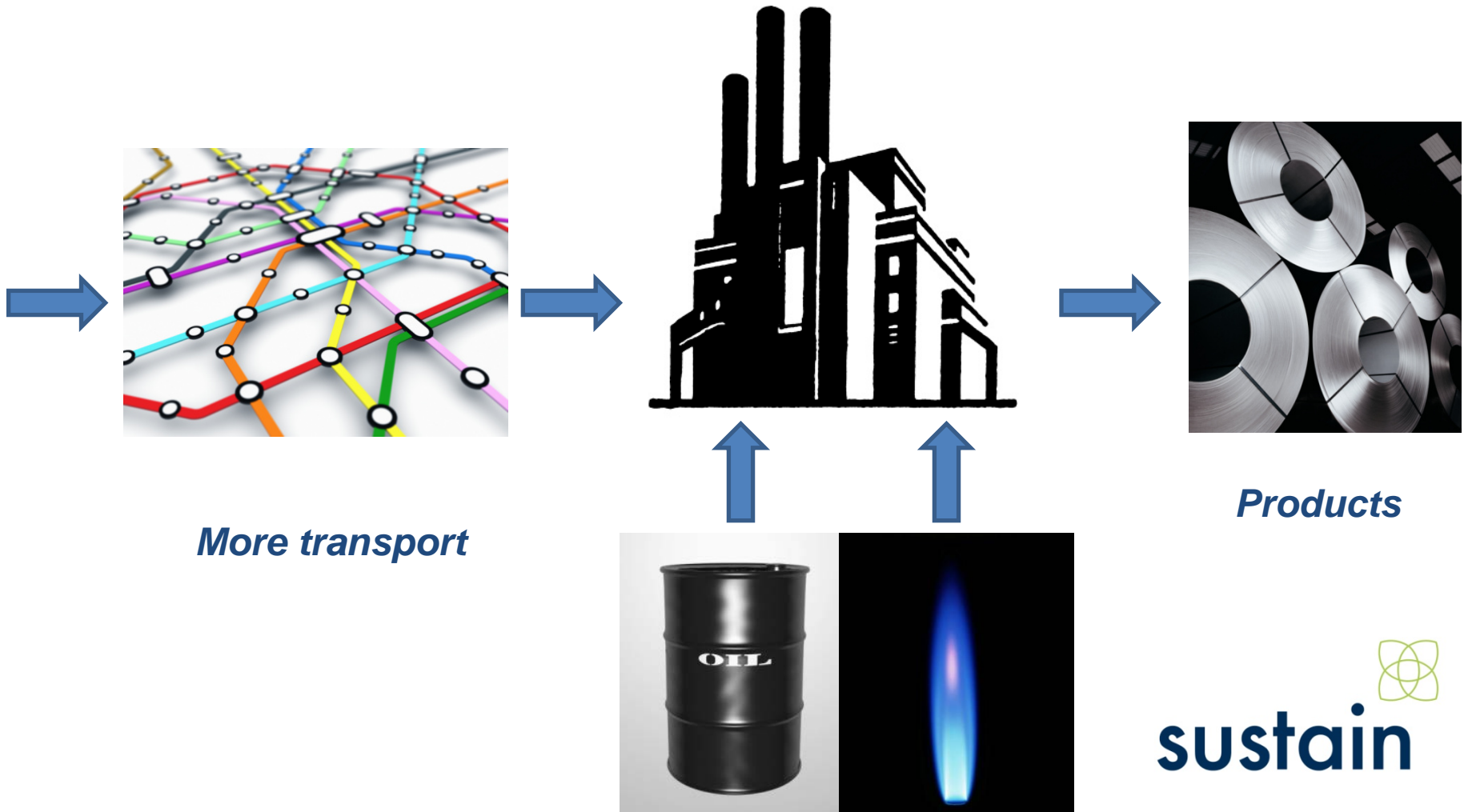
***The Cradle =
The earth, or ground***

Transport

From the Cradle....

.....to (Factory) Gate

Factories: Fabrication, assembly...etc



....and to (Construction) Site



Construction Site



Packaging



Distribution

....On-Site Carbon



Power



Assembly Activities



*Waste =
embodied carbon of waste
+ waste management*

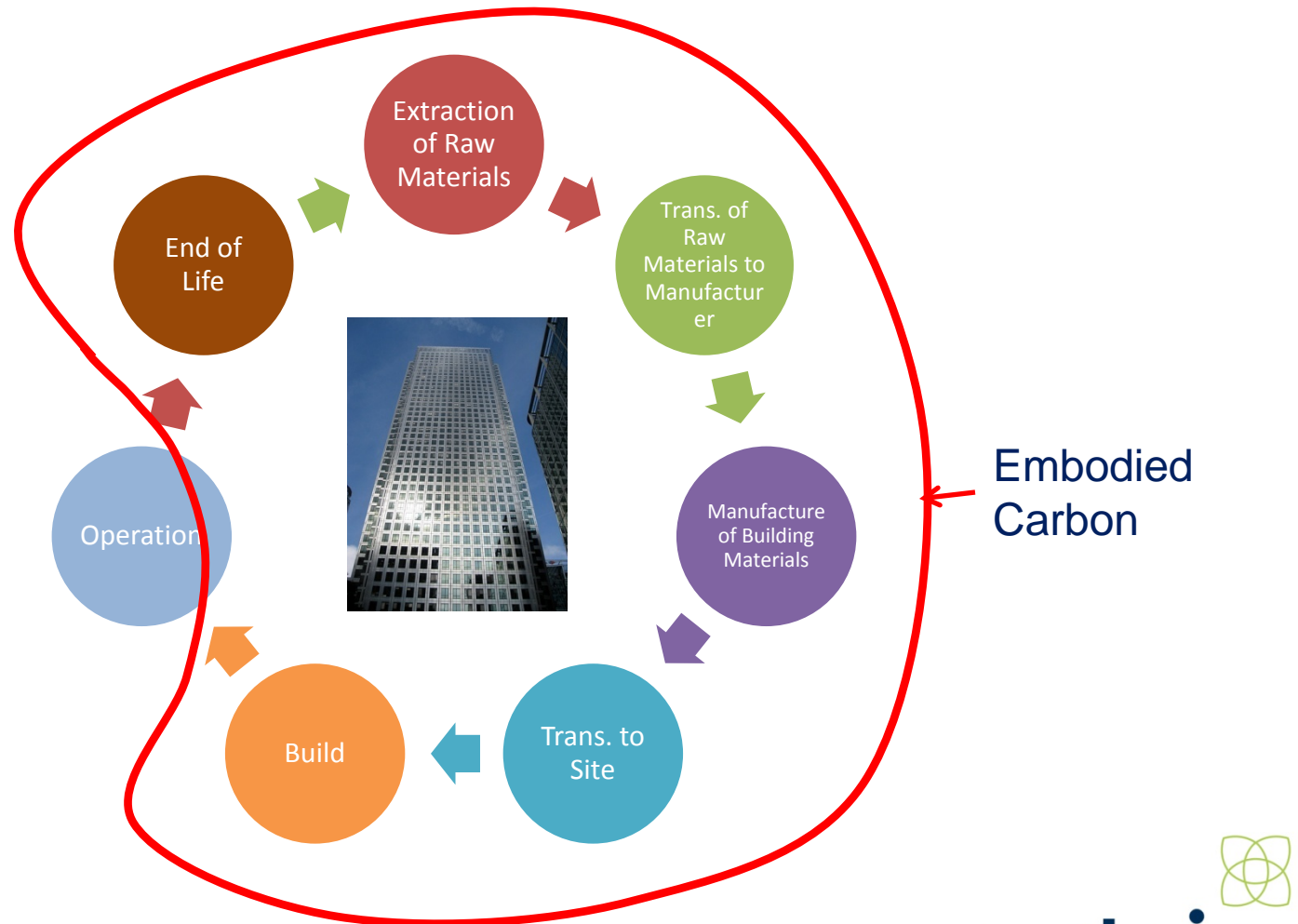
A Life Cycle Perspective

The Life Cycle of a Building



A Life Cycle Perspective

The Life Cycle of a Building



Embodied & Operational Carbon

- **Embodied Carbon of a House =**
 - ~ 500 kg CO₂ per m²
 - ~ 22 yrs op. Carbon (exc. applian.)
- **Office = ~ 500-1,000 kg CO₂ per m²**
 - 20-35% of the “Whole Life Carbon”
- **Decarbonisation of electricity**
 - embodied carbon could become 50% more significant when electricity decarbonisation considered



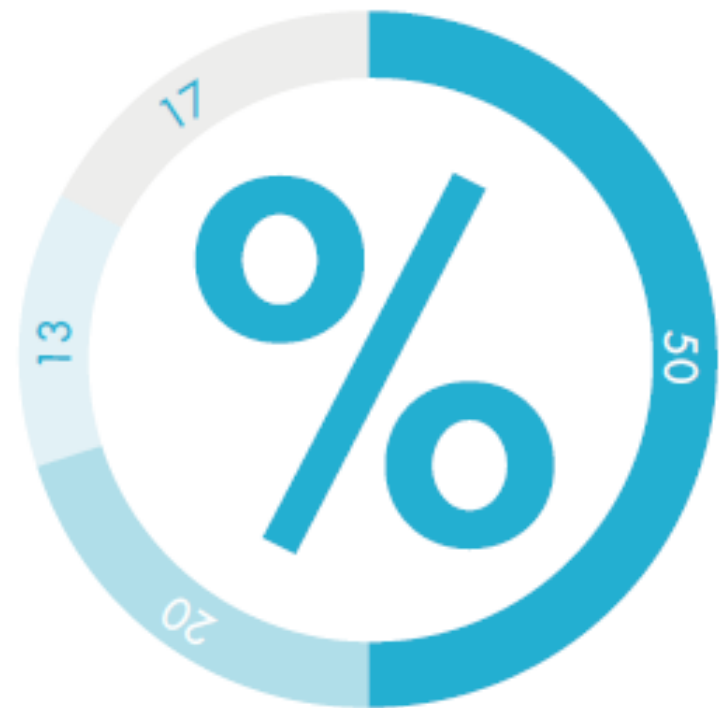
Embodied Carbon

London 2012 Olympics: A Legacy



2012 Olympics

- Breakdown of carbon footprint of the Olympics
- More than 2/3 of the carbon occurs before the games has even started
 - 50% venues
 - 17% transport infrastructure
- Embodied carbon therefore key to reducing carbon impact of Olympics



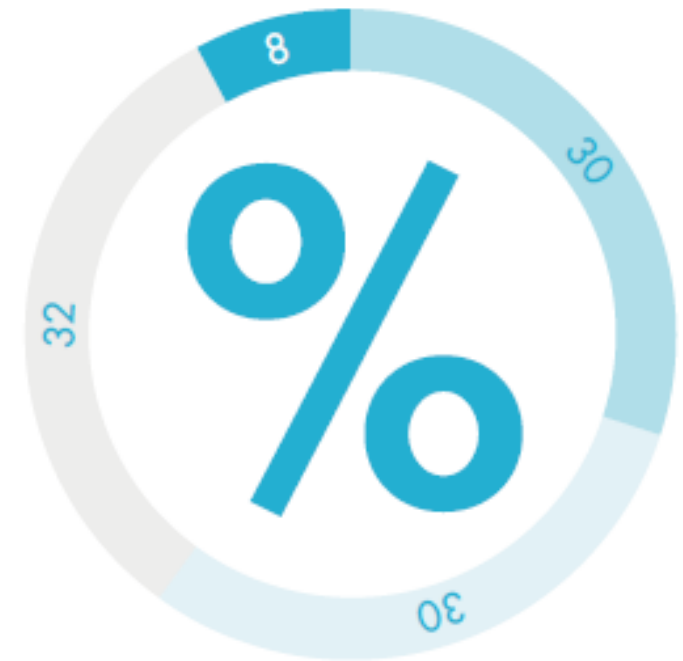
50%	Venues
20%	Spectators
13%	Operations
17%	Transport Infrastructure

London 2012 – Embodied Carbon

- Despite no specific targets on embodied carbon there were still considerable savings achieved in the construction, e.g.
 - Low carbon concrete
 - Dematerialisation
 - Temporary structures
 - Case Study: Olympic Stadium

Low Carbon Concrete

- Concrete and steel are typically the main contributors to embodied carbon assessments
 - For Olympics over 90%
- Concrete normally = #1 quick win
 - Ground granulated blast furnace slag (ggbs)
 - Up to 80% cement replacement
 - Pulverised fuel ash (pfa / fly ash)
 - Up to 40% cement replacement



30%	Concrete
30%	Reinforcing steel
32%	Structural steel
8%	Other

Low Carbon Concrete



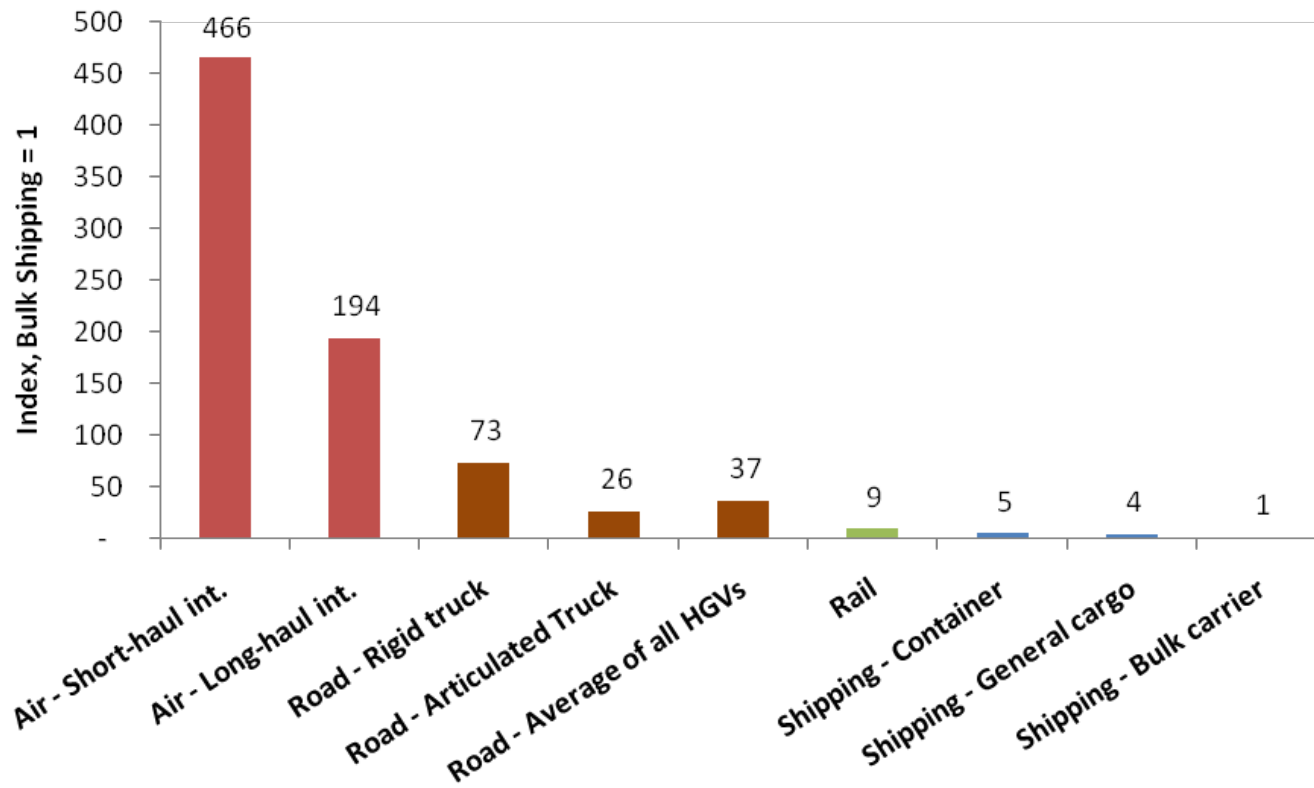
Left: Concrete finish quality issues at 70 per cent GGBS replacement
Right: Approved finish surface, achieved without any rework at 40 per cent GGBS replacement and 76 per cent coarse aggregate replacement

Greening Supply Chains

Sensible Transport Strategies

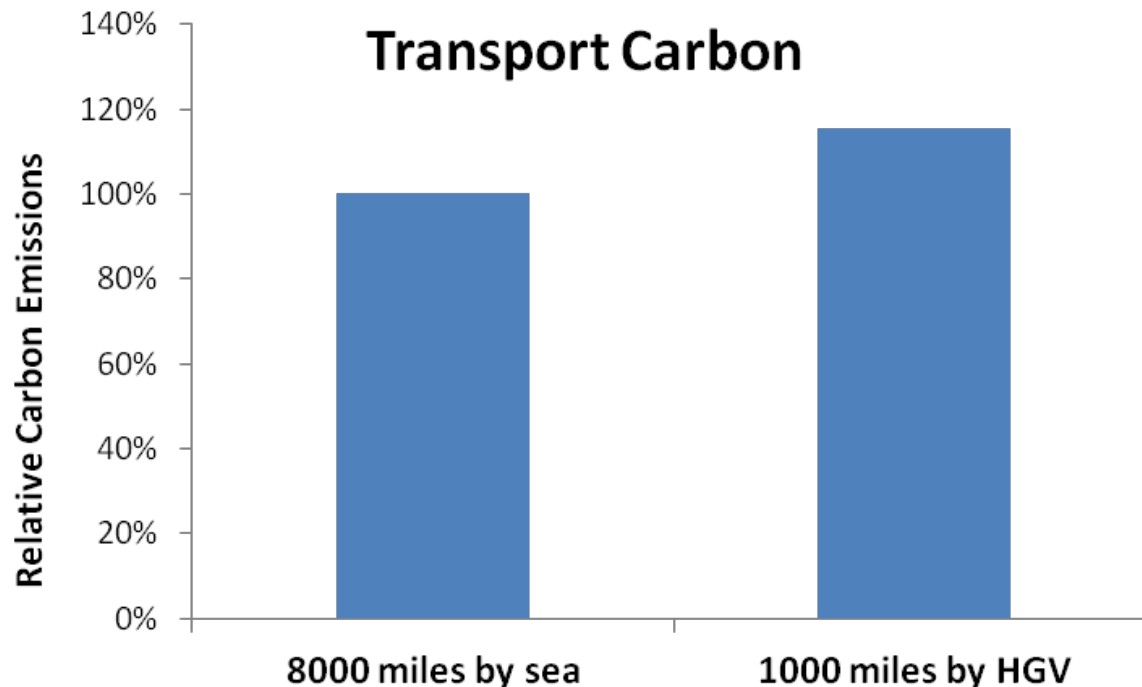
- locating the ready mix concrete plant on site eliminated 60,000 heavy vehicle movements.

Carbon Emissions per Tonne.km for Transport



Greening Supply Chains

- Which is lower transport carbon:
 1. Steel from India = 8,000 miles
 2. Steel from Hungary = 1,000 miles



Case Study: Olympic Stadium

- Large savings in design – both mass and embodied carbon
- Innovative steel cable-net structure supports the fabric roof and the sports lighting >> dematerialisation
- Surplus steel from gas pipeline project used on roof

	Preliminary scheme Stage C – December 2006		Final scheme Stage C – April 2008	
	Mass	Embodied carbon	Mass	Embodied carbon
Materials	kt	kt CO ₂	kt	kt CO ₂
Concrete	207	24	102	14
Reinforcing steel	18	30	8	14
Structural steel	10	18	10	18
Other	229	4	116	2
Total	464	76	236	48

Olympic Stadium

- Embodied carbon reduction of Olympic Stadium = **28,000 tonnes CO₂**
- Equivalent carbon to:
 - **Drive around the Earth 5,800 times**
 - **Construct 580 new UK houses (embodied carbon)**
 - **Power 800,000 TVs for 2 hrs a day for a whole year**
- And this is just benefit from the Olympic Stadium



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Summary

- Embodied carbon: **Once emitted its too late**, it cant be undone, it cant be improved
- **Its more important than you think** and was more important than the ODA realised when they started
- **Large embodied carbon savings were achieved** on the Olympics through their wider sustainable development objectives

Closing Thought - A Rhetorical Question...

Which of these is the more sustainable way of transporting people and goods?



Embodied Carbon

Thank You!

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